ESTONIA 24-29 MAY 2007 Richard Webb - guigna@aol.com

Introduction

Following the recent publication of *Birding in Eastern Europe* by Gerard Gorman there is now a lot of useful information available on birding in Eastern Europe. This coupled with the availability of cheap flights to many eastern European cities makes long Bank Holiday weekends birding in Eastern Europe an excellent alternative to crowded roads & predictably boring birding in the UK.

This combined with the possibility of seeing Racoon Dog encouraged me to visit Estonia and to be honest it was one of my best birding trips in Europe, only surpassed by an 8-owl trip to Sweden in 1990.

Highlights included breeding Red-necked Grebes & Whooper Swans, White-tailed & Lesser Spotted Eagle, Hazelhen, Capercaillie, Crane, Corncrake, lekking Great Snipe, White-backed & Black Woodpecker, Blyth's Reed, Marsh, River, Savi's, Icterine & Barred Warblers, Thrush Nightingale, Red-breasted Flycatcher, Red-backed Shrike, Citrine Wagtail, Golden Oriole, Common Rosefinch, two Raccoon Dogs & Elk (Moose). Many of the passerines were common!

Estonia offers great birding in superb undisturbed forest (one morning I walked a trail for 6 hours without seeing anyone else) & good roads with little traffic & no speed cameras etc. I only wish I had stayed for longer and visited additional sites on the Baltic coast to the SW of Tallinn.

Logistics

Flights - Many airlines fly to Tallinn including Easyjet. I booked flights from Stansted to Tallinn five days before I travelled & still only paid £120.

Car hire - I hired an Opel Corsa from Europear for £156 for 6 days. The main roads are tarred, in good condition and relatively free of traffic. Most of the minor roads are gravel but even these are generally in good condition although care is required particularly after rain. The speed limit varies from 50-70 kph in built-up areas and 90-100 kph in rural areas. You can easily maintain speeds of 100 kph and most of the locals seem to drive well in excess of 100 kph.

Local guides - Contrary to the suggestions in some trip reports you definitely do not need to hire a local guide and although you might miss one or two more difficult species, most notably owls, you can see almost everything else on your own. In any case it's far more satisfying finding your own birds. In many places, including most hotels, locals speak English so there are few language difficulties. All the sites are easy to find,

Accommodation / Food - Hotels can be booked in advance on the internet, or as you go. The Lonely Planet guide is a useful starting point.

I stayed at the following hotels.

- **Hotel Rehe** on the Voru road on the outskirts of Tartu (booked in advance on the internet for £30 per night for a double room, unfortunately all the single rooms £24 per night were already taken). Overpriced but conveniently located and Corncrakes & Grasshopper Warbler singing by the car park.
- Peetrimoisa Villa Spa Hotel <u>www.peetrimoisavilla.ee</u> in Viljandi. An excellent hotel, a single room costing £30 per night.
- Hotel Parnu, a Best Western in the centre of Parnu. Totally overpriced but convenient

Most hotels include breakfast in the price but breakfast is normally served from 0700-1000 when I was in the field so I bought breakfast & lunch from garages and supermarkets (most large supermarkets are open from 0900-2300). I tended to have dinner in a restaurant between 1700 & 1800 and be back out in the field until it got dark.

The food was generally good. In most towns you can find restaurants offering local food and in the larger towns, e.g. Tartu, Viljandi & Parnu there are fast food & western options, e.g. the Pappa Pizza chain or McDonalds. The Lonely Planet guide is again useful for locating restaurants although some of the street maps, e.g. the one for Parnu are at best confusing, or at worst totally wrong. In Tartu the Italian restaurant La Dolce Vita is highly recommended but eat early as it gets very busy later on and you may have to wait for a table.

Weather – Mostly dry with temperatures in the high teens & little wind although temperatures reached 28C on the 28th. There were amazing storms on two afternoons with an incredible light show and torrential rain and hail lasting an hour.

Birding - It was light enough to go birding from 0400 (possibly earlier but 0400 was early enough) until 2230 so you can cover a lot of ground in a day. As mentioned previously the forest sites were largely devoid of other people other than the trail at Endla which was quite busy on the Saturday afternoon. Haadameeste on the coast was busier probably due to its proximity to Parnu & the fact that the weather was so good that evening.

Mosquitoes were a serious problem at some forest/bog sites and repellent is essential. I left one trail after 10 minutes because they were so bad. Tapes were useful for attracting the more skulking species. If birding in Nigula be careful around the Estonian Native Cattle. Although allegedly 'curious and good-natured' I encountered a herd with an extremely aggressive bull. I ended up sitting in a tree for an hour and a half while the bull pawed the ground and bellowed just below me with the rest of the herd watching from a few metres away. An interesting experience to say the least.

Sites

Birding in Eastern Europe is the essential guide to the sites & should be consulted for directions but the following information may also be useful.

- Karevere Slid take the track just east of the houses on the north side of the road. Great
 Snipe can easily be seen from the observation posts. They started calling at 2145 but only
 started showing at about 2215 at c.50 metres range. A minimum of 5 birds displayed while I
 was there. Do not go closer than the observation posts. Great Reed Warblers are
 common on the south side of the main road.
- Ilmatsalu-Karevere Birding Trail From Ilmatsalu you can actually complete a full loop rather than returning the same way. There are several information boards showing the trail. Take the track WSW from the car park at the end of the road in Ilmatsalu out as far as the picnic site marked on Gorman's map. Return east for about 200 metres & then walk north towards Karevere. After a few hundred metres there is another parking spot at a junction with a driveable track. Turn right here & follow this track until you reach a crossroads where you are directed to the right. Follow this track past a pool on the right & then back out across open fields to the car park in Ilmatsalu. The initial riverside trail is excellent with Raccoon Dog, White-backed Woodpecker, Great Reed Warbler, River Warbler, Thrush Nightingale etc. The fishponds themselves were rather quiet although there was a Black-throated Diver on the large lake to the south of the observation tower. The trail back through the forest had White-tailed Eagle & calling Capercaillie & Black Woodpecker.

- Alam-Pedja the walking trails here were extremely bad for mosquitoes.
 - The gravel road from near Laeva to the Selli-Sillaotsa Bog Trail produced Hazelhen in the
 evening & Capercaillie in the morning but no owls despite considerable effort. This road
 continues to a car park about 10 km from the main road. Alternatively you can also bear
 left after c.5 kms and follow a loop that returns to the main track. This track held Green
 Sandpiper, River Warbler, Red-backed Shrike etc.
 - 2. The second road from Puurmani to Kirna now ends at the hamlet of Kirni where the 7-km Kirna Meadow Trail starts. I tried walking this trail twice but the mosquitoes were horrendous. The area around the bridge at the start of the trail was excellent for Corncrake, River Warbler & Thrush Nightingale & I also heard Black Woodpecker here.
- Endla Driving north from Jogeve turn left after c.20 km along a track sign-posted to Endla Nature Reserve a few kms after the turn to Endla itself. Follow the signs to the car park & obtain a trail map at the visitor centre. I only walked as far as the first observation tower on the Männikjärve Bog Trail due to the heavy rain. The bog itself was disappointing but the lake along this trail held breeding Red-necked Grebe & Whooper Swan. The area around the car park held Lesser Spotted Woodpecker, Blyth's Reed Warbler & Icterine Warbler.
- Taevaskoja the track to the Saessare car park is on the right hand side of the road 2-3 km east of the railway crossing. From here a number of trails go in to the forest. Although I visited on a Sunday morning I had the place to myself until about 0930 but as Gorman suggests it then started to become busier as I was leaving with several cars & two coaches arriving around 1000. I covered the area both sides of the river to the SE of the car park & saw Black Woodpecker & Red-breasted Flycatcher as well as a number of commoner woodland birds but could not find any Greenish Warblers (it's possible that they had not arrived).
- Aardla the directions in Gorman are slightly misleading. I suggest taking the following route. Take the E263 south from Tartu towards Voru. After 3-4 kms turn left on a gravel road sign-posted to Aardla. Follow this road east & bird the marshes either side of the road for wildfowl, wagtails, warblers etc. The rubbish tip is visible to the south. Follow this road to a T-junction checking the small copse & scrub on the left hand of the track just before the T-junction for Marsh Warbler. Turn left at the T-junction & then turn left again at the next T-junction. Follow this road until you see some reedy pools to the right of the road & the lake to the left of the road. At this point a track runs south towards the lake. Take this & park by the lake birding the lake edge for Citrine Wagtail & Great Reed Warbler. I also saw Black Tern & Little Gull here.
- Soomaa Soomaa can be accessed from Kopu in the south-east, Kildu in the east or
 Joesuu in the west. I birded from the vehicle along the three roads seeing Elk (Moose) along
 the road south of the visitor centre at Kortsi-Totamaa & along the road towards Kildu. I also
 saw Lesser Spotted Eagle along the Kildu road where Corncrake, River Warbler etc were
 common particularly near the observation tower at Oksa Meadow. There are a number of
 trails in to the forest but I did not have time to walk any of these.
- Nigula I birded two areas here.
 - 1. Pikksaare Crane Watchtower sign-posted to the west of the road running south to the visitor centre from the Haadameeste-Tali road. This was good for mammals including Raccoon Dog, Wild Boar & Roe Deer & I saw 19 Cranes from here at dusk. I also saw 26 Cranes west of Tali & 2 south of the visitor centre & Lesser Spotted Eagle along the road south of the visitor centre.
 - 2. The second area was reached by taking the road south out of Tali towards Veelikse. Turn right off of this road towards Lanksaare & on reaching Lanksaare turn right on a rough track down to a bridge. Explore the area beyond the bridge. I saw Red-backed Shrike, Icterine Warbler & Barred Warbler here shortly before my encounter with the aggressive bull.
 - The following website gives details of the main trail referred to by Gorman http://www.loodus.ee/nigula/reserve.html.
- Pikla Ponds slightly disappointing with few migrants around but Savi's Warbler was easy by the first observation tower.

 Haadameeste – I only birded the birding platform accessed from the village itself & other than several species of wildfowl offshore it was disappointing with few waders on the meadows.

References

- **Birding in Eastern Europe** (Gerard Gorman) the essential guide to birding sites in Estonia. Published by www.wildsounds.com £17.99.
- Jana Seta Road Atlas Baltic countries & Kalingrad region available for £6.25 from www.stanfords.co.uk.
- Lonely Planet Estonia, Latvia & Lithuania £14.99.
- **Bird-watching in Estonia 31 May to 10 June 2006** (Morten Brendstrup-Hansen) a useful trip report with details of additional coastal sites that I did not visit. Available at www.netfugl.dk/trip_reports/europe/Estonia_2006_MB-H.pdf.
- www.fatbirder.com/links_geo/europe/estonia.html a website with useful links to Estonian websites.

Itinerary

- Early morning departure from Stansted. Arrived Tallinn late morning, collected hire car & drove to Tartu arriving mid-afternoon. Caught up on sleep & after dinner spent evening in area around Karevere Slid & along Ilmatsalu-Karevere Birding Trail. Night Hotel Rehe.
- Morning along Ilmatsalu-Karevere Birding Trail. Afternoon/evening in Alam-Pedja where mosquitoes were particularly bad around Kirna Meadow Trail. Night Hotel Rehe.
- 26th Early morning Alam-Pedja. Late morning/early afternoon Endla. Evening Alam-Pedja. Night Hotel Rehe.
- 27th Early morning Taevaskoja. Late morning/early afternoon Aardla & then drove to Viljandi. Evening Soomaa. Night Peetrimoisa Villa Spa Hotel.
- Morning Nigula. Afternoon drive to Parnu then late afternoon/evening birding Pikla Ponds, Haadameeste & Nigula. Night Hotel Parnu.
- 29th Early morning drive through Soomaa on route to Tallinn for lunchtime flight to Stansted.

Birds

Black-throated Diver	Gavia arctica	One Ilmatsalu-Karevere Birding Trail.	
Red-necked Grebe	Podiceps grisegena	Pair Endla.	
Grey Heron	Ardea cinerea	Widespread.	
White Stork	Ciconia ciconia	Widespread.	
Mute Swan	Cygnus olor	Three Aardla, common Pikla Ponds, Haademeeste & Tallinn.	
Whooper Swan	Cygnus cygnus	Four Ilmatsalu-Karevere Birding Trail, pair plus two young Endla, one Haadameeste.	
Greylag Goose	Anser anser	Two Aaardla.	
Shelduck	Tadorna tadorna	Small numbers Haadameeste.	
Wigeon	Anas penelope	Small numbers Ilmatsalu-Karevere Birding Trail & Endla.	
Gadwall	Anas strepera	One Aardla.	
Teal	Anas crecca	One Endla.	
Mallard	Anas platyrhynchos	Widespread.	
Garganey	Anas querquedula	One Aardla, two Pikla Ponds.	

Two Pikla Ponds. Shoveler Anas clypeata

Tufted Duck Aythya fuligula Small numbers Karevere Slid &

Ilmatsalu-Karevere Birding Trail.

Common Scoter Melanitta nigra 100+ Haadameeste.

Goldeneye Bucephala clangula Small numbers Alam-Pedja, Endla &

Taevaskoja.

Red-breasted Merganser Mergus serrator One Haadameeste.

Goosander Female Leevijoe, female plus 14 young Mergus merganser

Taevaskoja.

Pandion haliaetus One Soomaa. Osprey

White-tailed Eagle Haliaeetus albicilla Adult Ilmatsalu-Karevere Birding Trail. Marsh Harrier Singles Ilmatsalu-Karevere Birding Trail, Circus aeruginosus

Endla, Aardla, Soomaa & Nigula.

Montagu's Harrier Circus pygargus Singles Ilmatsalu-Karevere Birding Trail,

south of Jogeva & near Kaarapere.

Sparrowhawk One Ilmatsalu-Karevere Birding Trail. Accipiter nisus

Buzzard Buteo buteo Widespread.

Lesser Spotted Eagle Aquila pomarina Singles Soomaa (imm) & Nigula (adult). Kestrel Falco tinnunculus One Ilmatsalu-Karevere Birding Trail. Hobby Falco subbuteo One Ilmatsalu-Karevere Birding Trail. Capercaillie Male Alam-Pedja, heard Ilmatsalu-Tetrao urogallus

Karevere Birding Trail.

Hazelhen Bonasa bonasia Male Alam-Pedja.

Grey Partridge Perdix perdix Pairs on route from Tallinn to Tartu &

south of Tartu.

One Ilmatsalu-Karevere Birding Trail, 26 Crane Grus grus

west of Tali, a pair & a flock of 19 at

Nigula.

Corncrake One seen at Alam-Pedja where Crex crex

commonly heard. Also commonly heard at most other sites & even from moving vehicle while driving along main roads &

by Hotel Rehe in Tartu.

Coot Fulica atra Small numbers Ilmatsalu-Karevere

Birding Trail, Aardla & Pikla Ponds.

Vanellus vanellus Lapwing Widespread.

Little Ringed Plover Charadrius dubius One Karevere Slid. Woodcock

Scolopax rusticola Roding birds Ilmatsalu-Karevere Birding

Trail, Alam-Pedja, Soomaa & Nigula.

Great Snipe Gallinago media 5+ lekking at Karavere Slid.

Snipe Gallinago gallinago Drumming Ilmatsalu-Karevere Birding

Trail, Alam-Pedia, Soomaa & Nigula.

Curlew Numenius arquata One near Tammiku. Redshank Tringa totanus Common Haadameeste. Greenshank Tringa nebularia One heard Pikla Ponds.

Green Sandpiper Tringa ochropus One Ilmatsalu-Karevere Birding Trail,

pair Alam-Pedja.

Common Sandpiper Actitis hypoleucos Singles Ilmatsalu-Karevere Birding Trail,

Alam-Pedja & Taevaskoja.

Common Gull Larus canus Widespread.

Common Aardla, small numbers Herring Gull Larus argentatus

Haadameeste.

Lesser Black-backed Gull Small numbers Haadameeste. Larus fuscus

Black-headed Gull Larus ridibundus Small numbers Ilmatsalu-Karevere

Birding Trail, Aardla, Nigula, Pikla Ponds

& Haadameeste.

Little GullLarus minutusOne Aardla.Common TernSterna hirundoWidespread.Black TernChlidonias nigerFour Aardla.

Woodpigeon Columba palumbus Small numbers Ilmatsalu-Karevere

Birding Trail, Alam-Pedja & Soomaa.

Collared DoveStreptopelia decaoctoOne Alam-Pedja.NightjarCaprimulgus europaeusHeard Alam-Pedja.SwiftApus apusWidespread.KingfisherAlcedo atthisOne Taevaskoja.

& Endla.

White-backed Woodpecker Dendrocopos leucotos Pair Ilmatsalu-Karevere Birding Trail.

Great Spotted Woodpecker Dendrocopos major 1-2 Ilmatsalu-Karevere Birding Trail,

Endla, Taevaskoja & Nigula.

Black Woodpecker Dryocopus martius Two Taevaskoja, one Nigula, heard

Ilmatsalu-Karevere Birding Trail & Alam-

Pedja

WoodlarkLullula arboreaSmall numbers Taevaskoja & Nigula.SkylarkAlauda arvensisSmall numbers Taevaskoja & Aardla.Sand MartinRiparia ripariaCommon Ilmatasalu Fishponds.

Karevere Slid & Taevaskoja where

nesting in cliffs.

SwallowHirundo rusticaWidespread.House MartinDelichon urbicaWidespread.White WagtailMotacilla albaWidespread.Citrine WagtailMotacilla citreolaPair Aardla.

Yellow Wagtail Motacilla flava 'Grey-headed' - one Endla, common

Aardla, small numbers Haadameeste.

Tree Pipit Anthus trivialis Small numbers Ilmatsalu-Karevere

Birding Trail & Nigula.

Meadow Pipit Anthus pratensis Small numbers Aardla, Nigula &

Haadameeste.

Blackbird Turdus merula Widespread. Fieldfare Turdus pilaris Widespread.

Redwing Turdus iliacus Small numbers Ilmatsalu-Karevere

Birding Trail, Endla, Taevaskoja &

Nigula.

Song Thrush Turdus philomelos Small numbers Taevaskoja & Nigula.

Mistle Thrush Turdus viscivorus Small numbers Alam-Pedja, Paevaskoja

& Nigula.

Grasshopper Warbler Locustella naevia One seen near Pari. Heard Tartu,

Aardla, Soomaa, Nigula &

Haadameeste.

River Warbler Locustella fluviatilis Seen well at Ilmatsalu-Karevere Birding

Trail, Alam-Pedja & Soomaa. Commonly heard at these sites & Endla, Aardla &

Nigula.

Savi's Warbler Locustella luscinioides One seen well Pikla Ponds.

Sedge WarblerAcrocephalus schoenobaenusWidespread.Reed WarblerAcrocephalus scirpaceusOne Aardla.Blyth's Reed WarblerAcrocephalus dumetorumOne Endla.

Marsh Warbler	Acrocephalus palustris	Two Aardla.
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Great ReedWarbler Acrocephalus arundinaceus Seen at Ilmatsalu-Karevere Birding Trail

& Pikla Ponds, also heard Karevere Slid

& Aardla.

Icterine Warbler Hippolais icterina Singles Endla & Nigula, heard

Haadameeste & near Nurmsi.

Garden Warbler Sylvia borin Common Ilmatsalu-Karevere Birding

Trail, Endla, Taevaskoja & Nigula.

Whitethroat Sylvia communis Widespread.

Lesser Whitethroat Sylvia curruca Heard Endla.

Barred Warbler Sylvia nisoria One Nigula.

Willow Warbler Phylloscopus trochilus Widespread.

Chiff Chaff Phylloscopus collybita Widespread

Phylloscopus collybita Widespread although less common than Willow & Wood Warbler.

WIIIOW & WOOD WAIDIEI.

Phylloscopus sibilatrix Seen at Ilmatsalu-Karevere Birding Trail,

Taevaskoja, Soomaa & Nigula, commonly heard elsewhere

Spotted Flycatcher Muscicapa striata Up to 4 Ilmatsalu-Karevere Birding Trail,

Endla & Taevaskoja.

Pied Flycatcher Ficedula hypoleuca Two Ilmatsalu-Karevere Birding Trail &

one Taevaskoja.

Red-breasted Flycatcher

Robin

Wood Warbler

Ficedula parva Erithacus rubecula Singing first summer male Taevaskoja.
Only seen at Ilmatsalu-Karevere Birding

Trail.

Thrush Nightingale Luscinia luscinia Seen well at Ilmatsalu-Karevere Birding

Trail & Alam-Pedja. Widely heard even in the centre of towns, e.g. Viljande.

Whinchat Saxicola rubetra Widespread. Long-tailed Tit Aegithalos caudatus One Endla.

Marsh Tit Poecile palustris One Ilmatsalu-Karevere Birding Trail,

heard Endla.

Great Tit Parus major Widespread at forest sites.

Nuthatch Sitta europaea One Taevaskoja.

Golden Oriole Oriolus oriolus Seen Karevere Slid, also heard

Ilmatsalu-Karevere Birding Trail, Alam-Pedja, Endla, Taevaskoja, Soomaa &

Nigula.

Red-backed Shrike Lanius collurio Singles Alam-Pedja, Vana Kuuste &

Soomaa, seven Nigula. All males bar

one.

Widespread.

Jay Garrulus glandarius

MagpiePica picaWidespread.JackdawCorvus monedulaWidespread.Hooded CrowCorvus cornixWidespread.

Raven Corvus corax Small numbers Ilmatsalu-Karevere

Birding Trail, Alam--Pedja, Taevaskoja &

Aardla.

Starling Sturnus vulgaris Widespread.

Yellowhammer Emberiza citrinella One Alam-Pedja, common Nigula &

surrounding area.

Reed Bunting Emberiza schoeniclus Small numbers Ilmatsalu-Karevere

Birding Trail, Aardla, Nigula, Pikla Ponds

& Haadameeste.

Chaffinch Fringilla coelebs Widespread.

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Common Rosefinch Small numbers Karevere Slid, Ilmatsalu-Carpodacus erythrinus

Karevere Birding Trail, Endla (heard),

Aardla, Soomaa & Nigula.

Heard Ilmatsalu-Karevere Birding Trail & Crossbill Loxia curvirostra

Taevaskoja.

Greenfinch Carduelis chloris Small numbers Ilmatsalu-Karevere

Birding Trail & Nigula.

Carduelis flammea Common Redpoll Two Nigula.

Small numbers Ilmatsalu-Karevere Bullfinch Pyrrhula pyrrhula

Birding Trail & Taevaskoja.

Hawfinch Coccothraustes coccothraustes One Nigula. House Sparrow Passer domesticus One Parnu.

Tree Sparrow Passer montanus Small numbers Ilmatsalu-Karevere

Birding Trail, Endla & Nigula.

Mammals

Brown Hare Lepus europaeus Three Soomaa, one north of Suure-

Jaani.

Red Squirrel Sciurus vulgaris One Taevaskoja. Vole sp

One Soomaa.

Raccoon Dog Nyctereutes procyonoides Amazing close range views of one along

the riverbank at Ilmatsalu-Karevere Birding Trail at 0730 one morning. On view for 5 minutes. Another watched hunting for over 20 minutes at dusk from Pikksaare Crane Watchtower at Nigula.

Red Fox Vulpes vulpes Singles Endla & Nigula.

Wild Boar Sus scrofa Six from Pikksaare Crane Watchtower

Nigula.

Alces alces Elk (Moose) Two singles Soomaa

Roe Deer Capreolus capreolus Three on route from Tallinn to Tartu, one

Ilmatsalu-Karevere Birding Trail, three Alam-Pedja, six Soomaa & six Nigula.

Reptiles

Pond Frog Rana lessonae Common Ilmatsalu-Karevere Birding

Trail & Alam-Pedia.

Rana arvalis One Alam-Pedja & two Taevaskoja. Moor Frog

Miscellaneous

Camberwell Beauty Nymphalis antiopa One Ilmatsalu-Karevere Birding Trail